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**INSTRUCTIONS FOR PATIENTS HAVING GENERAL ANESTHESIA OR
MAC (Monitored Anesthesia Care)**

Name of Patient: _____

Type of Surgery: _____

Hospital or Surgery Center: _____

Date and Time of Surgery: _____

Arrive @ Hospital or Surgery Center at: _____

It is sometimes necessary to change the time of a procedure. You will be notified of any time changes prior to surgery.

***DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE SURGERY.
DOING SO WILL NECESSITATE THE CANCELLATION OF SURGERY***

PLEASE READ AND COMPLETE INSTRUCTIONS LISTED BELOW

1. Schedule an appointment with your primary care physician for a pre-operative physical exam 1-2 weeks prior to surgery. The enclosed physical form needs to be completed by your primary care physician and faxed to the hospital or surgery center.
If you are over 50 yrs old, you are required to have an EKG as part of your physical
2. Laboratory work needs to be done 7-14 days prior to surgery. The required lab slip is enclosed. Please take this with you to the lab. If your primary care physician does your lab work in the office please bring a copy of the lab slip with you to the pre- operative appointment.
3. If you are having *sinus/nasal* surgery: spray Afrin in your nose 1 squirt in each side prior to leaving your home for surgery.
4. A responsible adult driver (18 yrs or older) must accompany you the day of surgery/discharge day. You may not take a cab unless the responsible adult is riding in the cab with you.

All facilities require the physical form and lab results to be faxed to them prior to surgery.

Bring all CT and MRI scans to the facility with you.

Once the surgery is posted with the hospital or surgery center, it is very difficult to cancel and reschedule. Insurance companies have many requirements that need to be met before they will authorize a surgery to be done, also our doctors have limited scheduled time in the operating room. For these reasons we have found it necessary to charge an administrative fee of \$100.00 if you cancel the surgical procedure within 5 business days of your surgery.

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