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## **Post Op Instructions for Tympanostomy Tube Insertion**

1. Use the prescribed ear drops in the involved ears twice daily for 5-10 days. Your surgeon will specify the length of ear drop use depending on the results of your surgery.
2. It is OK to fly after ear tube insertion.
3. Expect ear drainage (sometimes bloody) after the procedure for up to one week.
4. Chlorinated water (swimming pool) and running shower water are generally safe around your ears. Lake, river, ocean, and soapy bathtub water are a higher risk of possible infection if they enter the ear. We recommend using waterproof ear plugs or a swim headband prior to exposure to these types of water.
5. Please call our office at 301-774-0074 to schedule your post op appointment **2-3 weeks** following surgery. Your surgeon will specify your follow up schedule with you after surgery.

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